



Snohomish County **Council on Aging**



Senior Centers Full Committee

Stanwood Senior Center

August 13, 2015

9:30 - 11:30 a.m.

SENIOR CENTER DIRECTORS: Steve Ahern (Everett Rep), Keith Yarter (Stanwood), Farrell Fleming (Edmonds), Linda P. Smith (Cascade), Mike Cooper (Mountlake Terrace), Ann Nygaard (Mountlake Terrace Rep), Art Alessi (Lake Stevens Rep), Bob Dvorak (Snohomish), Maryke Burgess (Marysville), Marc Avni (East County), Christina Robertson (Stillaguamish Rep)

COA MEMBERS: Nora Todd (Chair), Jennifer Yuen

STAFF: Danielle Maiden

After welcome and introductions Cecily Kaplan from the Greenwood Senior Center in Seattle and Pam Nolte from the Taproot Theatre spoke to the group about the services and programs that are provided through their programs and the MomentiaSeattle Movement.

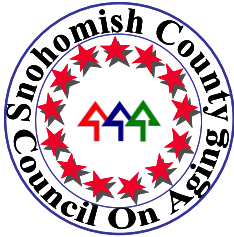
A Letter of Collaboration was distributed. The letter outlines a commitment to work together and share services when possible, the Directors are interested in editing the Letter to include providing existing members at other senior centers the member rate (whatever that may be at each center) at the other centers for events, trips, meals, etc. This would not include making those folks a member and including them on the mailing list. The patron would still be encouraged to become a member of each site they utilize frequently, but may make activities more available to those that cannot afford the full cost. The Directors mentioned that it may be good to create a separate Letter of Collaboration for those centers that are under a Municipality.

The Director's discussed the Congregate Nutrition Program quality and the decrease in members attending lunches in the meal program. The Director's requested to change the upcoming programming for the Director's meetings, in October the Director of the Congregate Program will be invited to have a meeting with the Director's and in December the group work towards completing and approving the Letter of Collaboration for the Nonprofit Senior Centers.

The Directors discussed what possible agenda items they would like to see in 2016 it was suggested that it would be good to create a document for each center to have on hand for their members and visitors that includes all the centers and their core programming. The Directors are also very interested in having presenters who have suggestions on how to conduct outreach in communities that do not have print media and the core demographic of those they serve do not utilize the internet and other avenues for information. It was suggested to have Theresa Whipple from My Edmonds News and possibly the owners of The Beacon as presenters. Another topic suggestion was "partnerships" and possibly having 501 Commons come in to present. It was requested that the Directors look for "unique model programs" in other area Senior Centers, etc. and send that program information to Danielle Maiden to possibly have the representative from that program come do a presentation.

The meeting was adjourned at 11:30 by Nora Todd

Next Full Meeting: October 8, 2015 at Northshore Senior Center



Snohomish County **Senior Center Updates**



August 2015

Edmonds: Our big news is that we have secured our first substantial contributions to the new senior and community center - \$1.25M direct appropriation from the State (Senator Maralyn Chase was our champion) and a \$.5M leadership donation from Rick Steves. We are sure there will be more from the State. Along with the Board campaign and contributions from the City we are about one-quarter of the way there. Our work over the next year 12 months is with Foundations, the Verdant Health Commission, additional State grants and leadership gifts from individuals. We will also be doing presentations to all of the major groups and potential partners. Only when \$8M has been raised will we begin a general public campaign. Environmental Works of Seattle is the architect. The design will include substantial beach restoration. If all goes well, we could break ground in early 2017. We are also beginning to explore where we will relocate during construction.

We have ordered a new bus to be delivered in 90 days. A \$50,000 grant from Boeing ECF is the major funder. A bus donation fund has been established and additional grants applied for. The trip program continues to prosper with most trips full in the first week. Our next two summer events – a salmon barbeque on August 10th and our annual Luau on August 20th are both sold out. The annual 90+ celebration in late June was the largest ever with over 60 people attending. AARP's monthly 55 Alive Driving classes continue to be oversubscribed due to their aggressive mail advertising campaign.

The United Way's Community Matters Vision Council toured the Center in late June. The presentation we made to them went well. We attended the Edge of Amazing Community Health Conference on July 23rd. I would urge the other centers to get involved in the County's Live Healthy 2020 initiative. We are beginning to work with the Seniors Group in Kingston who are building a new community-senior-library-and Boys & Girls Club. Our Thrift Store continues on a record setting pace.

Everett: The center was closed from July 3-20th. Several of our program members were invited to local communities to play bridge, knit, have a Veterans meeting and just enjoy lunches. Our Enhance Fitness Program members walked at the Community Ice Arena located at Xfinity. As of August 6th, the construction has not been completed but we get closer every day. The MPR had the floors redone; the entrances on Pacific and Lombard were upgraded to stop the rain from crawling down the walls and ruining the parquet in our MPR. Some rooms were painted and our staff/cat room got new carpet tiles. After having 3 cats live here for over 8 years, the removal of the carpet was necessary. One of our staff members adopted all 3 cats and now cares for them at her home.

We just completed our First Ever SAS, Senior Art Show. Two of our local members and artists had their work on display and we were open to the public to come and see the works of Jerry Newport and Minnie Pohlman. Both artists did well and parts of the proceeds were donated to the Everett Senior Center Foundation.

We will host 6 more dances during the rest of the year. August 8, 22; Sept. 12; 26; October 24, November 11 and New Year's Eve on December 31, 2015. WE are covering expenses and gaining new members. The November 11th dance will be our 10th Annual USO dance and all veterans over 50+ are welcome to attend for free.

September 8, 2015 at 3:30PM we will be doing a photo shoot of all veterans age 50+. Any military man or woman living in Snohomish County is welcome to come and be part of a large photo group that will be displayed at our dance on

November 11, 2015. IF they can still wear their uniform, please tell them to do so and please share this with your members too (especially Keith Yarter).

Lynnwood: Lynnwood Senior Center is closed the week of August 25 for commercial kitchen remodeling. Hot air ballooning is coming up next week; this summer people have enjoyed hikes, bike rides, golf, fishing, kayaking, horseback riding, and trips all around the sound. Zip lining, evening fishing, and camel rides will be here soon. Mary-Anne is still recovering from accidents in March and June, and now working a part-time schedule split between LSC and home. Mary-Anne received a service award from WSACS this year.

Snohomish: Snohomish is expanding their trips to 6-8 per month, with some low or no cost and others that have include a higher ticket price based on the destination. More importantly, we are expanding Frugals Thrift Shop and expect the grand reopening Aug 29. That is consuming much of the time, energy, and startup costs (none paid by senior center, all covered by thrift shop). They have hired a new programs and events PT staffer, who replaced Brenda who became a tour guide at Boeing.

Stanwood: We continue to reach out to the community of all ages with our programs; interacting with local business in supporting our events and helping to drive business to their doors. The center is beginning to develop the south side outdoors to enhance the use of the real estate. A donor have given funds to build at Gazebo for outdoor entertainment and social gathering. The project will also include landscape design and opportunities for groups to partner with us to bring the dream to a reality.

Coming events:

- Third Annual Taste of the Center, Aug 20th. An opportunity local restaurants to show case their cuisines.
- Sixth Annual Senior Car Shoe, Sept 5th. From cars, trucks and bikes with vendors and prizes our parking lot will be the coo place to come.
- Haunted House, Oct 23d, 24th. Fun favorite for the community to kick off Halloween.
- Annual Harvest Tea and Bazaar, Nov 7th. Our traditional event of sights and aromas that inspire the holiday spirit.
- Second Annual Christmas Club, Dec 10th. Dinner and entertainment to celebrate the season. A 125 people will enjoy a prime rib d inner and the mellow sounds of local vocalist. This is the highlight of year and a great way enjoy yourself after the black Fridays, relatives, tearing into the pretty packages, and later waiting in that large return line.

Marysville: Marysville Parks continues to have their summer concert series August 14th. (Last day of the series). Ken Baxter Center is currently accepting applications for their Autumn craft show, Merryville for the Holidays show and Order Up Gift Show.

NEXT FULL MEETING: OCTOBER 8. NORTSHORE SENIOR CENTER